



Fred Frost

January 21, 1935 - January 13, 2021

Fred was born in Youngstown Ohio on January 21, 1935 to Polish and Italian parents but was adopted as an infant by Theodore and Esther Frost and raised in Warren for his first 8 years or so. Sometime after his parent's divorce, Fred and his mother moved to Fairborn Ohio to live with Esther's parents. Fred spent the rest of his life between Fairborn, Crystal Lake and Enon. Thanks to the Hospice of Dayton and his wife Veronica's determination, Fred was able to die at home, pain free and peaceful with his wife's arms around him on January 13th, 2021.

Fred trained as a millwright with Southwestern Portland Cement in Fairborn for ten years but joined the exodus to General Motors in the 1960's and worked at Frigidaire/ Harrison Radiator/Harrison Thermal Products for the rest of his career as a millwright, retiring in 1997. After retiring, he wanted to work in the substance abuse field but couldn't be hired because he didn't have a high school degree. So, at age 62, Fred studied and successfully completed his GED. His high school class then gave him a "Generally Enlightened Degree" at their next reunion.

Fred and his first wife Wynema had four children. Wynema and two of the sons, Steve and John, predeceased Fred and he is survived by a daughter Valarie Brickey, son-in-law Scott, son Jerry, 7 grandchildren and 15 great-grandchildren. His second wife, Jane Taylor, lives in Medway with her current

husband, Wayne.

In March of 1989, while on his way to an AA meeting, Fred got out of his 1989 silver Pontiac Grand AM, wearing a Goodyear racing tire hat and a woman got out of her 1989 silver Grand Am wearing a Hoosier Racing jacket. He'd had a conversation with God a few months earlier, asking God to either "cut it off, make me a monk or bring me a healthy one". He would then tell people that "God brought me one all the way from California!" After discovering that Fred had as many stuffed animals as she did, Veronica and Fred married in January of 1990.

Fred was a much-loved member of Alcoholics Anonymous for almost 42 years. He was known for being kind and always sharing thoughtfully. One of his proudest accomplishments was carrying the AA message into the Clark and Greene County jails for 35 years. Fred regularly ran into people around town who remembered him and thanked him for having been a positive influence on their life. An AA celebration of Fred's life will be held in the summer.

One of Fred's racing friends described Fred as "one of the kindest men he'd ever met and still a man's man." Veronica fell in love with his gentle soul and his childlike nature at times. He had a great sense of humor and Veronica was unable to tell whether he was joking or not at times for their entire marriage. He stayed in touch with many friends from his past and when they were informed of his death, they all talked about what a good man he was.

Fred had several passions, the primary one being open wheel auto racing. He attended his 75th consecutive Indianapolis 500 this last August and the only one that he was not present at the track (no fans allowed due to Covid). He was a track observer for 22 years and a proud member of the Indianapolis 500 Oldtimers Club, as is Veronica. Fred and Veronica were also observers

for the United States Auto Club. Fred was a member of USAC from its initial formation in 1956. Since he married a fellow race fan, they continued the tradition of chasing race cars and family all over the country, usually fitting in some time for archaeological or Native American sites (Veronica) and antique stores (Fred and Veronica).

Fred was a natural athlete and, having had a father who owned bowling alleys, became an excellent bowler. He maintained a 200 average, using a Black Beauty ball, into his mid-70's when he retired due to a back problem. He was a member of a championship team in 2005 at Victory Lanes.

There will be a family only memorial service at Adkins Funeral Home on March 27th, 2021 at 1:30pm. The event will be available on Facebook Live on the Adkins Facebook page. If you don't have a FB account, simply Google "Adkins Funeral Home Facebook page".

Tribute Wall

AS

“ Dear Veronica. My friendship with you and Fred are very dear to me. I so enjoyed talking with Fred and couch racing! I am truly sorry for his passing but do stay in touch. My sincere thoughts and prayers are with you.

ARLENE SMITH - March 27, 2021 at 02:47 PM



“ Beautiful in Blue was purchased for the family of Fred Frost.



March 22, 2021 at 08:54 PM



“ Pretty Please was purchased for the family of Fred Frost.



March 18, 2021 at 09:31 AM

KB

“ Veronica,
Sorry to hear about Fred. I always looked for you at Indy each year and enjoyed seeing you when you came to DARF meetings.
Thinking of you.
Karen Beattie

Karen Beattie - March 03, 2021 at 05:57 PM

IT

“ *IndyCar Official Observer Team purchased the Beautiful in Blue for the family of Fred Frost.*



IndyCar Official Observer Team - February 24, 2021 at 02:18 PM

RA

“ *Veronica we send our deepest sympathy and condolences to you at this difficult time. Fred was a kind soul that gave to others and 22 years to the Indy Observer Team and we are better for it. Fred was a good friend to many and lived life well. Our love, blessings and prayers are extended to you and hope you find comfort, peace and hope from our Good Lord. RIP Fred - from your friends at the Indy Car Official Observer Team.*

Rick Aton - February 24, 2021 at 02:15 PM

PW

“ *Veronica I was so sorry to here of Fred's death. I always thought he was a good and kind soul but after reading the obituary I am enlightened to know he gave so much of himself to others. I believe that's the kind of observer that Heaven is looking for. I hope you take comfort in knowing you were the missing piece that he finally found to make his life complete. I pray that Jesus comfort you and all those that Fred and you love.*

Paul Whalen - February 23, 2021 at 09:32 PM

DG

Saddened to hear of Fred's passing , I thoroughly enjoyed talking with you and Fred at The track , I feel privileged to know both of you and you will be in our prayers , condolences

Donnie and Sharon Gentry

Donnie Gentry - February 24, 2021 at 12:02 AM

JH

“ *Veronica, Jack and I want to express our deepest condolences to you. Fred was a piece of our racing world. You two always came by our pit area to chat and give hugs. Please know how much you two have meant to us. Love and hugs!*

Jack and Jody Hewitt

Jody Hewitt - February 22, 2021 at 08:40 PM

AO

“ *Dear Veronica we are so very sad for your loss. We always enjoyed visiting you at the races. We will keep you and your family in our prayers, God Bless. Auggie, Michelle, &Shane O'Banion* ❤️🏁

Auggie, Michelle, & Shane O'Banion - February 21, 2021 at 12:31 PM

LB

Dear Veronica, Jeff answered I are so very sorry to hear of Fred's passing. We treasure the friendship we shared when we were running USAC. We are hugging you from Michigan, and praying for peace and God's love to surround you. Love,

Jeff & Linda Bloom

Linda Bloom - February 21, 2021 at 09:29 PM

JW

“ *I was always glad to see Fred at our races, back in the day. Sorry to hear of his passing. RIP Fred .*

Jim Welty - February 21, 2021 at 02:29 AM

NR

“ Fred was always there for me for 42 years to listen to me with life's challenges. We both worked 2nd shift at different GM plants in skilled trades so we could relate to each other, and he was up past midnight to talk to. A big part of my life is missing without him. He was a caring , great man! I'm glad he met Veronica, they were good together.

Nancy Ruth - February 21, 2021 at 01:37 AM

JG

“ So sorry Veronica for the loss of Fred. He was a great man and I looked forward to seeing you both at the race track. You both were so loyal to USAC and all the racers. I will miss him. Our thought and prayers are with you and hope to see you at the race track very soon. ❤️❤️.

Jimmie Garner - February 20, 2021 at 08:43 PM

CT

“ I love this obit. I learned things about Fred I did not know. A life well-lived. A peaceful soul called home.
I love you, Veronica. I'm here for you anytime.
Cyndi

Cyndi Tincher - February 20, 2021 at 06:02 PM

MV

“ Veronica, I'm so sorry to hear about Fred. I am sending hugs and prayers your way. Fred helped myself and so many others. He will be missed.

Mary v - January 15, 2021 at 03:07 PM